

MENU CYCLE WEEK ONE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|---------------------|--------------------------------------|----------------------------------|-------------------------|
| MAIN COURSE | Breaded Chicken Strips | Chicken Pasta Bake | Roast Chicken & Gravy | Homemade Meat and Potato Pie | Breaded Fish |
| VEGETARIAN | Quorn Dippers | Macaroni Cheese | Homemade Cheese and Potato Pie | Vegetarian Stir Fry with Noodles | Cheese & Tomato Pizza |
| STARCHY FOOD | Potato Wedges | Garlic Bread | Yorkshire Pudding and Roast Potatoes | Crusty Bread or Prawn Crackers | Chips |
| VEGETABLE | Garden Peas Baked Beans | Sweetcorn | Carrots & Green Beans | Garden Peas | Baked Beans Coleslaw |
| DESSERT | Apple Flapjack | Chocolate Shortcake | Jelly & Ice Cream | Marble Cake & Custard | Iced School Cake |
| AVAILABLE DAILY | Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Trolley Assorted Desserts | | | | |



Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



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| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|----------------------------|----------------------|----------------------------|-------------------------|
| MAIN COURSE | Chicken Nuggets | Sausage Roll | Roasted Gammon | Beef Burger on a Bun | Salmon Fishcake |
| VEGETARIAN | Veggie Bolognese | Veggie Cottage Pie | Veggie Toad | Veggie Burger | Cheese and Tomato Pizza |
| STARCHY FOOD | Potato Wedges Pasta | Diced Potato | Roast Potatoes | Potatoes Wedges | Chips |
| VEGETABLE | Garden Peas or Salad | Baked Beans Green Beans | Carrots and Broccoli | Sweetcorn & Coleslaw | Baked Beans & Coleslaw |
| DESSERT | Muffin of the Day | Raspberry Buns | Ice Cream with Sauce | Chocolate Sponge & Custard | Cookies |
| AVAILABLE DAILY | Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Trolley Assorted Desserts | | | | |



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|--------------|--|-------------------------------------|--------------------------------------|------------------------|-------------------------|
| MAIN COURSE | Chicken Korma with Steamed Rice | All Day Breakfast Sausage & Egg | Roast Beef | Hot Dog with Ketchup | Fish Fingers |
| VEGETARIAN | Sweet Potato and Butternut Curry | All Day Breakfast Veg Sausage & Egg | Homemade Cheese and Onion Pasty | Veggie Sausage Hot Dog | Cheese and Tomato Pizza |
| STARCHY FOOD | Rice Naan Bread | Hash Brown | Yorkshire Pudding and Roast Potatoes | Potatoes Wedges | Chips |
| VEGETABLE | Sweetcorn | Baked Beans | Carrots & Broccoli | Garden Peas Coleslaw | Baked Beans Coleslaw |
| DESSERT | Flapjack | Apple Crumble & Custard | Ice Cream | Shortbread | Brownie |
| CARBS | Jacket Potatoes with Cheese, Beans or Tuna Sandwiches with Ham, Cheese and Tuna Salad Trolley Assorted Desserts | | | | |



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