



Safe Selfies



Top Tips For Safe Selfies

1. **Limit who can see the types of selfies that your child takes.**
2. **Look at enabling settings on your child's device, so they are limited with who they can share selfies with.**
3. **Talk to your child about the importance of taking 'safe selfies'.**

Taking selfies has become a popular form of entertainment for many children. Many like using filters to create funny pictures such as animal characters.

However, parents need to be aware of some of the risks relating to children taking selfies and sharing them online. These include:

- What Apps are they using? Photo sharing Apps such as Instagram and Snapchat are popular, but they have an age restriction of 13. You need to think whether your child should be using these types of Apps.
- If your child is using a smartphone, you should consider turning off the 'location services' which means that their whereabouts when uploading images is not included.
- Talk to your child about the fact that once an image is uploaded, it is very difficult to maintain ownership, as others can share, copy and re-send the image. It is really important to consider what is a suitable selfie.